

To Advance Your Mission in Life Understanding What You Carry from Combat is Critical



It's a Part of Every Soldiers Journey.

Transitioning from combat or adjusting to life outside the military can challenge the very best; this event is to help you move forward with your career, family and friends. This hands-on reintegration weekend training will decrease your post traumatic stress (PTS) and increase your skills to move on your next mission. The exercises and perspective will provide you with new leadership skills. AMVETS Warrior Transition Workshop is not “talk therapy”. This program was designed by those who have been there. A vet-on-vet interaction provides a safe and confidential environment.

- Relax in a beautiful setting
- Warrior to Warrior
- Open to Men and Women
- Decrease combat stress
- Gain new transition skills
- Residential program; room and meals included
- Explore career opportunities



Open to Veterans, Active Duty, Guard and Reserves. June 13-15th, 2014 program registration; arrive Friday 1 pm - program ends at 3pm Sunday. This is not a DoD or Ft. Drum sponsored event. Contact Martin Richardson at 610-717-7797. Information and Registration at

www.freedomandhonor.org

The program will be held at Oswegatchie Educational Center in Croghan, New York.

At first I was skeptical, but as time progressed that changed. I would recommend this program to anyone who feels that they need an outlet. They don't pressure you. The exercises are designed to allow the person to help themselves move forward. It feels like a ton of weight has been lifted off my shoulders. I've relearned to look at myself and my surroundings in a whole new perspective.

Charles Steward, ARMY

AMVETS Warrior Transition Workshop

